

## Behavior Interventions

Promise Fellows may feel anxious about behavior interventions because they may not have the qualifications and expertise that social workers or school counselors have, but the truth is that there are many ways for a PF to provide behavior interventions with their Focus List youth in order to improve positive behavior.

### Behavior Chart Gives Student Power

Sometimes a young person "acts out" because they feel that they do not have control of a situation. Utilizing a behavior chart helps a student see what their behavior expectations are, and can help them to take ownership over their actions.

*I work with a lot of students that my school considers to be behavior students. **I have started behavior charts with a few of my students to help them take control of their behavior.** In the mornings, I give the students their behavior chart and after every class period the student has their teacher fill it out. At the end of the day we go over them together. The students like this method because they can clearly see what behaviors are disruptive, which they didn't always understand before. The teachers enjoy the improvement in classroom behavior and the opportunity to talk with the students on both the good and bad days, it's really helped improve their overall relationship with the so called "behavior students". Some parents have even started to ask to see their child's behavior chart each day, which has helped improve behavior even more! I had some trouble in the beginning with students not turning in their behavior chart on days they didn't score high, but I've make sure to encourage students every day, especially if they had a bad day, and that's helped get students to turn in their chart every day. A few students have even started to seek me out during the day and show me how they were doing. **I can see that the students are starting to take responsibility for their behavior.***

Period	1
Shows self-control	1 2 3
Exhibits a positive attitude	1 2 3
Controls talking	1 2 3
Respects others	1 2 3
Works well with others	1 2 3
Participates in class	1 2 3
Stays on task	1 2 3
Completed homework	1 2 3
Follows directions	1 2 3
Comments	

### Get on My Level!

There are creative ways to execute behavior interventions as well. See how this Fellow utilized a unique approach to help students keep on track with their behavior!

*Recently I have had complaints from some students about why certain students are/aren't allowed to listen to music, play games on their phones/tablets, or just relax. My usual answer was something like "you haven't been using your work time wisely and you have a lot of missing assignments that need to be completed." Finally it got to a point that I was sick of answering that same question over and over again. **I decided to start something called "Get on my level".** I made posters showing various levels. The bottom level said student does not use his/her work time wisely, he/she is disruptive, and he/she has many missing assignments. This is a basic description of particular behavioral patterns that I notice among my students. Underneath the description are the privileges that this student gets or doesn't get for that particular level. If a student is at the bottom level they aren't allowed to use their phones for any purpose, and they aren't allowed to have free time/breaks. As each level goes up, the target behaviors aren't as prevalent and the students get more privileges. I really like the level system because it gives my students a visual of where they are currently at, and what they are/aren't allowed to do. It also gives them something to strive for. **They no longer need to ask me why they aren't allowed to do the same things as other students are. They can physically see what level they are on and make changes to get to a higher one.***