School Site:_____ Date:_____

Establish-Maintain-Restore Relationships

Establish (E): refers to the initial phase of a relationship in which understanding, trust, and sense of belonging has not yet been cultivated.

Maintain (M): refers to the phase of a relationship in which ongoing positive interactions are needed to maintain a healthy relationship that has already been established.

Restore (R): refers to the phase of a relationship in which there has been a negative interaction that has harmed the relationship and there is a need to reconnect with the student to repair any harm that has been done.

Instructions: The aim of this reflection form is to examine the relationship status with each student in your classroom. Using the above definitions as a guide, list each student enrolled in your class and place a check mark in the cell that best captures the relational phase (establish, maintain, or restore) your in with each of the students. Once completed, you will collaborate with others using other EMR resources that outline specific relationship-practices associated with each phase, to begin strategically planning how to best approach to intentional interact with specific students in your class to cultivate a strong sense of belonging and connection. The ultimate goal is to strive to move all students towards the maintain phase in which each student feels a sense of trust, belonging, and respect with you. Given the time constraints, consider focusing on the students who need relationship-focused from you the most—that is, those in the establish or restore phases.

Student Initials	Establish Phase	Maintain Phase	Restore Phase	Notes