



An Initiative of Minnesota Alliance With Youth

March 21, 2023

Dear Representatives,

This is a letter of support for HF 905 which allows minors 16 and older to consent to nonresidential mental health services.

The Minnesota Youth Council is in support of this bill because mental health services are vital to the youth of Minnesota. Minors in Minnesota 16 or older have access to important responsibilities such as driving or having a job. When youth have important responsibilities such as these, they should also have the right to make important decisions for themselves. Many youth in Minnesota cannot access mental health services from barriers like parental consent. With the passing of this bill, youth in Minnesota will be able to make important decisions about their mental health and explore options to improve their mental health without having to worry about their safety at home. This bill will positively impact our generation and generations to come.

Large numbers of today's youth are facing struggles when it comes to mental health. Passing this bill would allow for minors over the age of 16 to seek help without having to be concerned about a parent's opinion or permission.

Again, we are asking you to support HF 905 to allow minors above the age of 16 to consent to nonresidential mental health services. Furthermore we are asking you to stand with the youth of today and support this bill.

Sincerely,

The Minnesota Youth Council Mental Health and Well-being Committee

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